

College Athletic Trainers Society Spring Symposium for Athletic Trainers & Team Physicians May 16-18, 2024

Virtual Schedule MOUNTAIN TIME

THURSDAY, MAY 16

General Session 1:00 p.m. – 1:45 p.m. Keynote: Professionalism In Sports Medicine Ronnie Barnes, MS, ATC, NY Giants 1:45 p.m. - 2:45 p.m. **Communication. Skill Development & Best Practices** Sarah Derrenbacher, Evolveability 2:45 p.m. - 3:45 p.m. Break 3:45 p.m. – 4:30 p.m. Understanding Bloodwork in the Athletic Population Heather Ontiveros, DHSc, ATC, PA-C 4:30 p.m. - 5:30 p.m. Unlocking Peak Performance: Navigating Current Trends in Athlete Fueling Katie Knappenberger, MS, RD, CSSD, ATC 5:30 p.m. – 6:15 p.m. Break 6:15 p.m. – 6:45 p.m. Exertional Heat Stroke in Football: What's Going On Upstream? Scott Anderson, ATC, CATS, University of Oklahoma (retired) 6:45 p.m. – 7:15 p.m. Two Players, Separate Organ Injuries, Same Collegiate Football Season Anthony Pass, ATC, University of Colorado 7:15 p.m.-7:45 p.m. Complex Regional Pain Syndrome, a Complicated "Twist" following Co-occurring Foot and Ankle Injuries Diana Padilla, MS, ATC, Arizona State University

Educational Program (continued)

FRIDAY, MAY 17

General Session

9:00 a.m. – 10:30 a.m.	Participation and Clearance of High Risk Athletes: Shared Decision Making and Return to Play: Tough Cases, Hard Decisions Kim Harmon, MD, University of Washington
	Managing the Risk: Implementing the Informed Consent Process Kenny Boyd, ATC, Baylor University
	The Athlete Experience: Navigating a High Risk Cardiac Condition Q&A with Jared Butler, Washington Wizards Moderator: Carrie Rubertino Shearer, ATC, Baylor University
10:30 a.m. – 11:15 a.m.	Break
11:15 a.m. – 12:00 p.m,	Grade III UCL Injury in a Division I Men's Basketball Athlete's Shooting Arm Bob Mangine, PT, ATC, University of Cincinnati
12:00 p.m. – 12:45 p.m.	Novel Psychoactive Substances on College Campuses Andrew Holt, PharmD, Aegis Sciences
12:45 p.m.—2:15 p.m.	Break
2:15 p.m. – 3:15 p.m.	Tightrope Surgery Jeffrey Guy, MD, University of South Carolina
3:15 p.m. – 4:00 p.m.	Break
4:00 p.m. – 5:30 p.m.	Neuroplastic Adaptation for Rehabilitation of the ACL Update Bob Mangine, PT, ATC, University of Cincinnati Marsha Eifert-Mangine, PT, ATC, Mount St. Joseph University
5:30 p.m. – 5:45 p.m.	Break
5:45 p.m. – 7:15 p.m.	Dry Needling for Pain Management and Musculoskeletal injuries Brian Hortz, PhD, AT, SFDN, Structure & Function

SATURDAY, MAY 18

General Session

9:00 a.m. – 9:45 a.m.	The Calm Before the Storm: Mindfulness-Based and Holistic Therapeutic Approaches to Psychological Treatment and Mental Performance Enhancements Kristi G. Hall, PsyD, University of Maryland, College Park
9:45 a.m. – 10:15 a.m.	Dermatomyositis in D3 Volleyball Player Janet Lin Craft, MA, ATC, San Jose State University
10:15 a.m. – 10:45 a.m.	Talar Dome Osteochondral Lesion, Microfracture Surgery on a Women's Basketball Athlete Jessica Kinder, ATC, Rutgers University
10:45 a.m.—11:00 a.m.	Break
11:00 a.m. – 11:45 a.m.	Exercise Rx: Helping Athletes Recover from Sport Related Concussion Emily Kosderka, PhD, ATC, Linfield University
11:45 a.m.—12:15 p.m.	When the Unthinkable Happens: Responding to the Death of an Athlete Spencer Mack, MS, ATC, Snow College
12:15 p.m.—12:45 p.m.	Lumbar Morel-Lavallee Lesion in a Collegiate Football Player: A Case Report Jerry Lin, MS, ATC, Ohio University
12:45 p.m. – 1:15 p.m.	Compound Lower Leg Fracture in an NCAA Division I Football Player: A Case Study and Emergency Management Review Steven Lapso, MS, ATC, CSCS, Texas Tach University
1:15 p.m.	Dismissal
(*) Eligible for NSCA CEU	