



College Athletic Trainers Society  
Spring Symposium for Athletic Trainers & Team Physicians  
May 16-18, 2024

Virtual Schedule  
CENTRAL TIME

THURSDAY, MAY 16

General Session

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| 2:00 p.m. – 2:45 p.m. | Keynote: Professionalism In Sports Medicine<br>Ronnie Barnes, MS, ATC, NY Giants  |
| 2:45 p.m. - 3:45 p.m. | Communication. Skill Development & Best Practices<br>Sarah Derrenbachner, Evolveability   |
| 3:45 p.m. – 4:45 p.m. | Break   |
| 4:45 p.m. – 5:30 p.m. | Understanding Bloodwork in the Athletic Population<br>Heather Ontiveros, DHSc, ATC, PA-C  |
| 5:30 p.m. – 6:30 p.m. | Unlocking Peak Performance: Navigating Current Trends in Athlete Fueling<br>Katie Knappenberger, MS, RD, CSSD, ATC  |
| 6:30 p.m. – 7:15 p.m. | Break   |
| 7:15 p.m. – 7:45 p.m. | Exertional Heat Stroke in Football: What’s Going On Upstream?<br>Scott Anderson, ATC, CATS, University of Oklahoma (retired)                                |
| 7:45 p.m. – 8:15 p.m. | Case Study: Liver and Kidney Trauma in Football<br>Anthony Pass, ATC, University of Colorado  |
| 8:15 p.m.—8:45 p.m.   | Complex Regional Pain Syndrome, a Complicated “Twist” following<br>Co-occurring Foot and Ankle Injuries<br>Diana Padilla, MS, ATC, Arizona State University |

\*Schedule is subject to change\*

## Educational Program (continued)

FRIDAY, MAY 17

### General Session

10:00 a.m. – 11:30 a.m.	<p><u>Participation and Clearance of High Risk Athletes:</u> Shared Decision Making and Return to Play: Tough Cases, Hard Decisions Kim Harmon, MD, University of Washington</p> <p>Managing the Risk: Implementing the Informed Consent Process Kenny Boyd, ATC, Baylor University</p> <p>The Athlete Experience: Navigating a High Risk Cardiac Condition Q&amp;A with Jared Butler, Washington Wizards Moderator: Carrie Rubertino Shearer, ATC, Baylor University</p>
11:30 a.m. – 12:15 p.m.	Break
12:15 p.m. – 1:00 p.m.	Grade III UCL Injury in a Division I Men’s Basketball Athlete’s Shooting Arm Bob Mangine, PT, ATC, University of Cincinnati
1:00 p.m. – 1:45 p.m.	Novel Psychoactive Substances on College Campuses Andrew Holt, PharmD, Aegis Sciences
1:45 p.m.—3:15 p.m.	Break
3:15 p.m. – 4:15 p.m.	Tightrope Surgery Jeffrey Guy, MD, University of South Carolina
4:15 p.m. – 5:00 p.m.	Break
5:00 p.m. – 6:30 p.m.	Neuroplastic Adaptation for Rehabilitation of the ACL Update Bob Mangine, PT, ATC, University of Cincinnati Marsha Eifert-Mangine, PT, ATC, Mount St. Joseph University
6:30 p.m. – 6:45 p.m.	Break
6:45 p.m. – 8:15 p.m.	Dry Needling for Pain Management and Musculoskeletal injuries Brian Hartz, PhD, AT, SFDN, Structure & Function

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## SATURDAY, MAY 18

### General Session

- 10:00 a.m. – 10:45 a.m.     The Calm Before the Storm: Mindfulness-Based and Holistic Therapeutic Approaches to Psychological Treatment and Mental Performance Enhancements  
Kristi G. Hall, PsyD, University of Maryland, College Park
- 10:45 a.m. – 11:15 a.m.     Dermatomyositis in D3 Volleyball Player  
Janet Lin Craft, MA, ATC, San Jose State University
- 11:15 a.m. – 11:45 a.m.     Talar Dome Osteochondral Lesion, Microfracture Surgery on a Women’s Basketball Athlete  
Jessica Kinder, ATC, Rutgers University
- 11:45 a.m.—12:00 p.m.     Break
- 12:00 p.m. – 12:45 p.m.     Exercise Rx: Helping Athletes Recover from Sport Related Concussion  
Emily Kosderka, PhD, ATC, Linfield University
- 12:45 p.m.—1:15 p.m.     When the Unthinkable Happens: Responding to the Death of an Athlete  
Spencer Mack, MS, ATC, Snow College
- 1:15 p.m.—1:45 p.m.     Lumbar Morel-Lavallee Lesion in a Collegiate Football Player: A Case Report  
Jerry Lin, MS, ATC, Ohio University
- 1:45 p.m. – 2:15 p.m.     Compound Lower Leg Fracture in an NCAA Division I Football Player: A Case Study and Emergency Management Review  
Steven Lapso, MS, ATC, CSCS, Texas Tech University
- 2:15 p.m.     Dismissal

(\* ) Eligible for NSCA CEU

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