

College Athletic Trainers Society

CATS 2023 Spring Symposium for Athletic Trainers & Team Physicians		
May 18-20, 2023		
Thursday, May 18, 2023		NCSA CEUS
12:00 p.m. – 1:00 p.m.	2022-2023 Legal Update for Athletic Trainers – Cases and Lessons Learned For ATCs Over the Last Year	0
1:00 p.m. – 2:00 p.m.	Recent Changes in Title IX, Public Relations & Crisis Response Handling	0
3:00 p.m. – 3:45 p.m.	Vascular Complications and Injuries in Athletes	0
3:45 p.m. – 4:45 p.m.	Successful Strategies for Implementing Dietary Behavior Change Among Athletes	0.1
5:30 p.m. – 6:00 p.m.	Long COVID DI Women’s Ice Hockey Case Study	0
6:00 p.m. – 6:30 p.m.	Pulmonary Embolism DI Men’s Basketball Case Study	0
Friday, May 19, 2023		
8:00 a.m. – 8:45 a.m.	20-year Collegiate All-Sport Catastrophic Injuries 2000-2020 Review	0
8:45 a.m. – 9:30 a.m.	Emergency Preparedness	0.1
10:15 a.m. – 11:15 a.m.	Meniscus repair - in season considerations, operative vs nonoperative	0
11:15 a.m. – 12:15 p.m.	The Hearing Brain in Healthy and Concussed Athletes	0.1
1:30 p.m. – 2:30 p.m.	NCAA Sports Science Update	0.1
3:15 p.m. - 4:45 p.m.	Concurrent Breakout Sessions A-C	
	Mini Session A: NCAA Div-I Institution Medical Care Discussion/Forum	0
	Mini Session B: NCAA Div-II/III/Smaller Institution Medical Care Discussion/Forum	0
	Mini Session C: Introduction to Muscle Energy Technique (MET)	0
5:00 p.m - 6:30 p.m.		
	Mini Session D: Motor Skill Reacquisition	0.1
	Mini Session E: Professional Development: Investing in Yourself to Advance Your Career	0
Saturday, May 20, 2023		
8:00 a.m. – 9:00 a.m.	Reproductive Health Considerations: Your Role in Advising and Advocating for Your Patients	0.1
9:00 a.m. – 10:15 a.m.	High Ankle Injuries in Football Athletes: a Deep Dive into 5 Years of Evaluation,	0
10:15 a.m. – 10:25 a.m.	Break	
10:25 a.m. – 11:10 a.m.	ACL Revision Reconstruction and High Tibial Osteotomy for Posterior Tibial Slope in a Division-I Collegiate Soccer Player	0
11:10 a.m. – 12:05 p.m.	Scapular Fracture with Suprascapular Nerve Involvement in a Collegiate Football Athlete	0

Total CEUs

Report this total  
to the NSCA  
(Maximum 0.6  
NSCA CEUs)