



## CATS 2020 Webinar

### Program Schedule (Pacific Time)

Tuesday, June 16, 2020

- |          |                                                                                                                                                                                        |
|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:00 AM  | Sleep Science and Its Effect on Athletic Performance and Well Being<br>Meeta Singh, MD, Henry Ford Hospital                                                                            |
| 9:00 AM  | Nutrition and Immune Health: Considerations for Athletes<br>Roberta Anding, RD                                                                                                         |
| 10:00 AM | <i>15 min Break</i>                                                                                                                                                                    |
| 10:15 AM | Student-Athlete Mental Health Survey & the Impact of COVID-19<br>Katherine Rizzone, MD, University of Rochester                                                                        |
| 11:00 AM | Addressing Mental Health for Athletes and Staff during a Pandemic<br>Kensa Gunter, PhD                                                                                                 |
| 12:00 PM | <i>15 min Break</i>                                                                                                                                                                    |
| 12:15 PM | Developing a Wellness Questionnaire App for Your Athletes<br>Allison Pastor, MS, ATC, UC San Diego<br>Lauren Green, MS, CSCS, PES, UC San Diego<br>Vanessa Yang, MS, ATC, UC San Diego |
| 1:15 PM  | End                                                                                                                                                                                    |

Wednesday, June 17, 2020

- 8:00 AM COVID-19 & Infection Control  
Deverick J. Anderson, MD, Duke University
- 9:00 AM Strategies Towards Optimizing Athlete Movement Function in Rehabilitation  
Jared Porter, PhD, University of Tennessee
- 10:00 AM 15 min Break*
- 10:15 AM NCAA Sport Science Update  
Brian Hainline, MD, NCAA
- 11:45 AM 15 min Break*
- 12:00 PM Policy & Procedure Considerations in a Post-Covid World  
Darryl Conway, MA, ATC, University of Michigan
- 12:45 PM Assessing Illnesses Post-COVID-19 Panel Discussion  
Mario Ciocca, MD, University of North Carolina, Chapel Hill  
Daniel Curtin, MD, Alfred University  
Alysia L. Green, MD, Boston University  
Yvette Rooks, MD, University of Maryland  
Mark Sakr, DO, Georgia State University
- 1:45 PM End