



CATS 2020 Webinar

Program Schedule (Eastern Time)

Tuesday, June 16, 2020

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| 11:00 AM | Sleep Science and Its Effect on Athletic Performance and Well Being
Meeta Singh, MD, Henry Ford Hospital |
| 12:00 PM | Nutrition and Immune Health: Considerations for Athletes
Roberta Anding, RD |
| 1:00 PM | <i>15 min Break</i> |
| 1:15 PM | Student-Athlete Mental Health Survey & the Impact of COVID-19
Katherine Rizzone, MD, University of Rochester |
| 2:00 PM | Addressing Mental Health for Athletes and Staff during a Pandemic
Kensa Gunter, PhD |
| 3:00 PM | <i>15 min Break</i> |
| 3:15 PM | Developing a Wellness Questionnaire App for Your Athletes
Allison Pastor, MS, ATC, UC San Diego
Lauren Green, MS, CSCS, PES, UC San Diego
Vanessa Yang, MS, ATC, UC San Diego |
| 4:15 PM | End |

Wednesday, June 17, 2020

- 11:00 AM COVID-19 & Infection Control
Deverick J. Anderson, MD, Duke University
- 12:00 PM Strategies Towards Optimizing Athlete Movement Function in Rehabilitation
Jared Porter, PhD, University of Tennessee
- 1:00 PM *15 min Break*
- 1:15 PM NCAA Sport Science Update
Brian Hainline, MD, NCAA
- 2:45 PM *15 min Break*
- 3:00 PM Policy & Procedure Considerations in a Post-Covid World
Darryl Conway, MA, ATC, University of Michigan
- 3:45 PM Assessing Illnesses Post-COVID-19 Panel Discussion
Mario Ciocca, MD, University of North Carolina, Chapel Hill
Daniel Curtin, MD, Alfred University
Alysia L. Green, MD, Boston University
Yvette Rooks, MD, University of Maryland
Mark Sakr, DO, Georgia State
- 4:45 PM End