

CATS 2024 Spring Symposium for Athletic Trainers & Team Physicians

Thursday, May 16, 2024		NSCA CEUS
12:00 p.m. – 12:45 p.m.	Professionalism In Sports Medicine	0
12:45 p.m. – 1:45 p.m.	Communication Skill Development	0.1
1:45 p.m. – 2:45 p.m.	Break	
2:45 p.m. – 3:30 p.m.	Understanding Bloodwork in the Athletic Population	0
3:30 p.m. – 4:30 p.m.	Unlocking Peak Performance: Navigating Current Trends in Athlete Fueling	0.1
4:30 p.m. – 5:15 p.m.	Break	
5:15 p.m. – 5:45 p.m.	Exertional Heat Stroke in Football: What’s Going On Upstream?	0.05
5:45 p.m. – 6:15 p.m.	Liver and Kidney Injuries during Collegiate Football Season	0
6:15 p.m. – 6:45 p.m.	Complex Regional Pain Syndrome, a complicated “Twist” following co-occurring foot and ankle injuries	0
Friday, May 17, 2024		
8:00 a.m. – 9:30 a.m.	Participation and Clearance of High Risk Athletes:	0
	Shared Decision Making and Return to Play: Tough Cases, Hard Decisions	
	Managing the Risk: Implementing the Informed Consent Process	
	The Athlete Experience Navigating a High Risk Cardiac Condition	
9:30 a.m. – 10:15 a.m.	Break	
10:15 a.m. – 11:00 a.m.	Grade III UCL Injury In a Division I Men’s Basketball Athlete’s Shooting Arm	0
11:00 a.m. – 11:45 a.m.	Novel Psychoactive Substances on College Campuses	0
11:45 a.m. – 1:15 p.m.	Lunch	
1:15 p.m. – 2:15 p.m.	Syndesmosis Tightrope Surgery	0
2:15 p.m. – 3:00 p.m.	Break	
3:00 p.m. - 4:30 p.m.	3:00 p.m. - 4:30 p.m. (1.5) Concurrent Breakout Sessions A-C	
	Mini Session A: NCAA Div-I Institution Medical Care Discussion/Forum	0
	Mini Session B: NCAA Div-II/III/Smaller Institution Medical Care Discussion/Forum	0
	Mini Session C: Update in Neuroplastic Adaptation for Rehabilitation of the ACL	0.15
4:30 p.m. – 4:45 p.m.	Break	

4:45 p.m - 6:15 p.m.	4:45 p.m - 6:15 p.m. (1.5) Concurrent Breakout Sessions D-F	
	Mini Session D: Professional Development: Advancement Strategies & The Power of YOU!	0
	Mini Session E: Dry Needling for Pain Management and Musculoskeletal injuries Presented by: Brian Hartz, PhD, AT, SFDN, Structure & Function	0
	Mini Session F: Basics of Functional Cast Therapy	0
Saturday, May 18, 2024		
8:00 a.m. – 8:45 a.m.	The Calm Before the Storm: Mindfulness-Based and Holistic Therapeutic Approaches to Psychological Treatment and Mental Performance Enhancements	0
8:45 a.m. – 9:15 a.m.	Dermatomyositis in D3 Volleyball Player	0
9:15 a.m. – 9:45 a.m.	Talar Dome Osteochondral lesion, microfracture Surgery on a Women’s Basketball Athlete	0
10:00 a.m. – 10:45 a.m.	Exercise Rx: Helping Athletes Recover from Sport Related Concussion	0
10:45 a.m. – 11:15 a.m.	Athlete Deaths during the Competitive Season. Management and Lessons Learned	0
11:15 – 11:45 a.m.	Lumbar Morel-Lavallée Lesion in a Collegiate Football Player: A Case Report	0
11:45 a.m. – 12:15 p.m	Compound Lower Leg Fracture in an NCAA Division I Football Player: A Case Study and Emergency Management Review	0

Total:

Report this total to the NSCA (Maximum 0.4 NSCA CEUs)